

Medical and Nutritional Supplement History

Fill in circle indicating current or recent conditions (X), and any medications taken for that condition (Meds)

Medical History

ILLNESS	X	Meds	ILLNESS	X	Meds	ILLNESS	X	Meds
Acid Reflux	<input type="radio"/>	<input type="radio"/>	COPD	<input type="radio"/>	<input type="radio"/>	Insomnia	<input type="radio"/>	<input type="radio"/>
ADHD	<input type="radio"/>	<input type="radio"/>	Crohns Disease	<input type="radio"/>	<input type="radio"/>	Irregular Menses	<input type="radio"/>	<input type="radio"/>
Adrenal Insufficiency	<input type="radio"/>	<input type="radio"/>	Depression	<input type="radio"/>	<input type="radio"/>	Joint Disease	<input type="radio"/>	<input type="radio"/>
Allergies	<input type="radio"/>	<input type="radio"/>	Developmental Disorders	<input type="radio"/>	<input type="radio"/>	Kidney Failure/Stones	<input type="radio"/>	<input type="radio"/>
Alzheimer's Disease	<input type="radio"/>	<input type="radio"/>	Dermatitis	<input type="radio"/>	<input type="radio"/>	Learning Disorder	<input type="radio"/>	<input type="radio"/>
Anemia	<input type="radio"/>	<input type="radio"/>	Diabetes	<input type="radio"/>	<input type="radio"/>	Liver Disease	<input type="radio"/>	<input type="radio"/>
Anxiety Disorder	<input type="radio"/>	<input type="radio"/>	Diarrhea, Chronic	<input type="radio"/>	<input type="radio"/>	Metabolic Syndrome	<input type="radio"/>	<input type="radio"/>
Asthma	<input type="radio"/>	<input type="radio"/>	Endocrine Disorders	<input type="radio"/>	<input type="radio"/>	Migraines	<input type="radio"/>	<input type="radio"/>
Arthritis	<input type="radio"/>	<input type="radio"/>	Eczema	<input type="radio"/>	<input type="radio"/>	Multiple Chemical Sensitivities	<input type="radio"/>	<input type="radio"/>
Autism	<input type="radio"/>	<input type="radio"/>	Epilepsy	<input type="radio"/>	<input type="radio"/>	Menopausal Symptoms	<input type="radio"/>	<input type="radio"/>
Bladder Disease	<input type="radio"/>	<input type="radio"/>	Fibromyalgia	<input type="radio"/>	<input type="radio"/>	Osteoporosis	<input type="radio"/>	<input type="radio"/>
Cancer:	<input type="radio"/>	<input type="radio"/>	Food Intolerances	<input type="radio"/>	<input type="radio"/>	Osteopenia	<input type="radio"/>	<input type="radio"/>
Breast	<input type="radio"/>	<input type="radio"/>	Gallbladder Issues	<input type="radio"/>	<input type="radio"/>	Parkinson's Disease	<input type="radio"/>	<input type="radio"/>
Bladder	<input type="radio"/>	<input type="radio"/>	Gastritis	<input type="radio"/>	<input type="radio"/>	Sinus Issues	<input type="radio"/>	<input type="radio"/>
Colon/rectal	<input type="radio"/>	<input type="radio"/>	Genetic/Metabolic Disorder	<input type="radio"/>	<input type="radio"/>	Sleep Disturbances	<input type="radio"/>	<input type="radio"/>
Leukemia	<input type="radio"/>	<input type="radio"/>	Gluten Intolerance	<input type="radio"/>	<input type="radio"/>	Stroke	<input type="radio"/>	<input type="radio"/>
Lung	<input type="radio"/>	<input type="radio"/>	Heart Disease	<input type="radio"/>	<input type="radio"/>	Uterine Fibroids	<input type="radio"/>	<input type="radio"/>
Lymphoma	<input type="radio"/>	<input type="radio"/>	Headache, Chronic	<input type="radio"/>	<input type="radio"/>	Vascular Disease	<input type="radio"/>	<input type="radio"/>
Oral	<input type="radio"/>	<input type="radio"/>	High Cholesterol	<input type="radio"/>	<input type="radio"/>	Weight Gain	<input type="radio"/>	<input type="radio"/>
Pancreatic	<input type="radio"/>	<input type="radio"/>	Hypothyroidism	<input type="radio"/>	<input type="radio"/>	Weight Loss	<input type="radio"/>	<input type="radio"/>
Prostate	<input type="radio"/>	<input type="radio"/>	Hyperthyroidism	<input type="radio"/>	<input type="radio"/>	Other:	<input type="radio"/>	<input type="radio"/>
Skin-melanoma	<input type="radio"/>	<input type="radio"/>	Hemochromatosis	<input type="radio"/>	<input type="radio"/>	Other:	<input type="radio"/>	<input type="radio"/>
Celiac	<input type="radio"/>	<input type="radio"/>	Inflammatory Bowel (IBD)	<input type="radio"/>	<input type="radio"/>	Other:	<input type="radio"/>	<input type="radio"/>
Chronic Fatigue	<input type="radio"/>	<input type="radio"/>	Irritable Bowel Syndrome (IBS)	<input type="radio"/>	<input type="radio"/>	Other:	<input type="radio"/>	<input type="radio"/>

Nutritional Supplements Used Regularly

Multi-vitamin-mineral	<input type="radio"/>	Individual vitamins or minerals not included in Multi
Antioxidants	<input type="radio"/>	B-complex Vitamins or individual B-vitamins <input type="radio"/>
Amino Acids or Protein Powders	<input type="radio"/>	Calcium <input type="radio"/>
Beta-Carotene, Lycopene, Zeaxanthin	<input type="radio"/>	Curcumin <input type="radio"/>
Betaine	<input type="radio"/>	Fiber <input type="radio"/>
Carnitine	<input type="radio"/>	Magnesium <input type="radio"/>
Coenzyme Q10	<input type="radio"/>	Prebiotics <input type="radio"/>
Fish Oils	<input type="radio"/>	Probiotics <input type="radio"/>
Flax Oil	<input type="radio"/>	St. John's Wort <input type="radio"/>
Lipoic Acid	<input type="radio"/>	Vitamin A <input type="radio"/>
Vitamin E	<input type="radio"/>	Vitamin D <input type="radio"/>



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